# Prior to applying, you should consider the following:

## Ask yourself:

Do I have a desire to unselfishly dedicate myself to the health and well-being of people of all ages and across the life spans of those people while they are ill and often vulnerable?

Am I willing to learn the culture of nursing, and accept this culture as important as my own?

Am I willing to appreciate the ethnicity and cultural diversity of all people?

Have I researched the role of a Health Care Assistant, and can I truly see myself in this role as a dedicated employee, willing to sacrifice my personal time, and social graces to accomplish this goal?

Am I motivated to learn, willing to accept feedback and committed to success?

Am I a responsible, accountable person, who takes ownership for my actions?

### Additionally I am aware that:

- I will be required to have a valid driver's license, provide your own transportation to other communities,
- Work shifts and weekends,
- Have essential computer skills such as: the ability to access online documents, assignments and the ability to write essays. Email & internet skills are required.
- Manage My time,
- Maintain excellent attendance,
- Speak, understand and communicate in both written and oral English.
- The ability to use the five senses.
- Be aware that the job requires intimate personal patient care: bathing feeding and elimination

### I can also demonstrate:

- The ability to work independently and as a team member
- Maintain your health: physically, mentally and emotionally
- The ability to both move and work in small spaces
- The ability to perform complex tasks while standing for long periods
- Bend, carry, lift and reach
- Work with peers, instructors, Health Care Team and staff
- Respond appropriately in stressful situations
- Problem solve and think critically regarding patient issues to ensure safe & ethical patient treatment

# I will also Comply

• With Coast Mountain College, Program and Practicum Placement Policies and Procedures.